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Developing a Network Monitoring Strategy

Scott Orr, SOC Operations Manager, OmniSOC Mark Krenz, CISO, ResearchSOC

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Compromise is Inevitable

Attacker only has to be successful once, but the defender has to stop 100% of attacks

Source: Ben Johnson, Threat Hunting as a Culture (HaaC) SANS Threat Hunting & Incident Response Summit, 2016

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So game over...



Source: https://mindtheflap.files.wordpress.com/2018/03/sherlock-wrong-gif.gif?w=676

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Compromise in Inevitable but...

Attacker only has to be successful once, but the defender has to stop 100% of attacks But...

Once the attacker is in your environment, *they should have to be 100% perfect*

Source: Ben Johnson, Threat Hunting as a Culture (HaaC) SANS Threat Hunting & Incident Response Summit, 2016



Phases of Attack - Cyber Kill Chain



Source: https://www.lockheedmartin.com/content/dam/lockheed/data/corporate/documents/LM-White-Paper-Intel-Driven-Defense.pdf

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Time to Detect

- System/credential compromise ≠ Attacker mission accomplishment
- How long do attackers need once inside to succeed?
 - Elevate access/Install backdoors/Cover tracks
 - Lateral movement: Recon/Compromise additional systems
 - Locate/Exfiltrate target data!
- Average time to detect (dwell time): 56 days*
- Goal: Detect/Respond/Recover before attackers achieve their goals

*Source: Mandiant M-Trends 2020 Report



Network Sensors



Network Data Capture

- Full Packet Content
- Extracted Content
- Session
- Statistical
- Transaction

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So much data!!!



Source: https://www.drsanders.com/wp-content/uploads/2014/12/Drowning-in-Paperwork.jpg

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Netflow Data

- Keeping all network packet capture data is expensive
 - Storage
 - Ability to search
 - Privacy
- Netflow provides network traffic summaries
 - Sessions/Services/Protocols
 - Session duration
 - Session packet and byte count

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Zeek Network Security Monitor

- Collects and analyzes network data via passive taps
- Includes modules (analyzers) to examing application layer services
 - DNS
 - SMTP
 - HTTP/HTTPS
- Can be customized to act as a Network Intrusion Detection System (NIDS)

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Network Intrusion Detection/Protection Systems

- NIDS alerts when (potential) malicious network activity detected
- Signature-based Rules **Behavioral-based Rules** Known Network/Service Attacks Port Scans 0 Ο **Unexpected Services** Denial of Service 0 Ο Spoofing Worms 0 0 Content (e.g. Web Data) Ο
 - Policy Violations
- Intrusion Protection Systems (NIPS) can dynamically block when rules are triggered



Data Collection Starting Point Examples

- Network/Service Data
 - Netflow
 - o Zeek

• NIDS/NIPS

- Snort / Suricata
- Next-Gen Firewalls (NGFW):
 - Cisco ASA FirePower
 - Palo Alto devices

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So many places to check...



Source: https://memegenerator.net/instance/72618553/sixth-sense-boy-i-see-data-everywhere-and-they-are-very-big

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Security Information and Event Management (SIEM)

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Forensics

Compliance

Data retention

- Sytem used by SOCs to analyze securty related data
- Components/Capabilities
 - Data aggregation
 - Correlation
 - Alerting
 - Dashboards
- Examples: Elastic, Splunk

Source: https://en.wikipedia.org/wiki/Security_information_and_event_management



Security Onion Dashboard - Overview



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SO Dashboard – Zeek Connections



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SO Dashboard – Zeek HTTP





SO Dashboard – Zeek Notices



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Detective Mode: On



Source: https://media.giphy.com/media/3o7TKVSE5isogWqnwk/giphy.gif



Threat Pyramid



Source: Tom Perrine, SDSC, Security as Infrastructure, USENIX LISA 1998

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Advanced Persistent Threats (APTs)

- State and Non-State Sponsored Intruder groups
- Advanced: Use of sophisticated tools/techniques
- Persistent:
 - Remain inside network for long period
 - External Command and Control (C2)
- Threat: Attackers with an agenda



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Source: http://detect-respond.blogspot.com/2013/03/the-pyramid-of-pain.html •IIII • Research**soc**

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TTP Example: APT40



Source: https://www.fireeye.com/blog/threat-research/2019/03/apt40-examining-a-china-nexus-espionage-actor.html

Where to start?

- NIDS Alerts
 - Newly encountered alerts
 - Recent alert spikes
- Deny lists
 - Known bad
 - Shared Treat Intelligence

• Allow lists

- Anything not known to be good
- Know thy environment
- Long Tail Analysis
 - Least occurring events
- Anomaly Detection
 - Baselines, Machine Learning



Verify!!!



Source: https://socprime.com/en/blog/deliver-ti-feeds-into-arcsight-without-false-positive-triggers/



Event Analysis – Phase 1

• What do we know?

- Can we corroborate what we see? Multiple data sources?
- What don't we know?
 - Is there more information available elsewhere? Can we get to it?

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Source: General Colin Powell, It Worked For Me



Endpoint Data

- System logs
 - User logins/logouts, Resource access requests, application accounting
- Performance metrics
 - CPU load, memory usage, disk usage, network usage
- Service transaction logs
 - Web server, email server, database server, DNS

- Host Intrusion Detection system(s)
 - Anti-virus
 - Firewall
 - Integrity checkers



External Data Sources/Tools

- What kinds of info is out there?
 - Hashes
 - IP Addresses
 - Domain Names
 - URLs

- Threat Intel Sites?
 - Open Source
 - Commercial/Membership Sharing Sites
- Honeypots/Honeynets

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Event Analysis – Phase 2

- What do we know?
 - Can we corroborate what we see? Multiple data sources?
- What don't we know?
 - Is there more information available elsewhere? Can we get to it?
- What do we think happened?
 - Golden nuggets, prior experiences, hunches/instinct, collaboration
- Distinguish which from which.
 - Decision time! Confidence level?

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Source: General Colin Powell, It Worked For Me



Now what?



Source: https://media.giphy.com/media/xT8qB3utUzMWqmpH20/giphy.gif

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Notes on Incident/Threat Info Sharing

- We deal with a lot of sensitive data!
- Sharing Model: Traffic Light Protocol (TLP)
 - Classifying audiences that can receive information
 - White: Disclosure is not limited
 - **Green**: Limited disclosure, restricted to community
 - Amber: Limited disclosure, restricted to participant organizations
 - Red: Not for disclosure, restricted to participants only
- When in doubt **RED!**

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Source: https://www.first.org/tlp/



Several Great Blogs and Video

Blogs

- KrebsOnSecurity
- PaulDotCom
- Tao Security
- Schneier on Security
- Darknet
- ThreatPost
- SANS Cyber Defense
- <u>SANS Digital Forensics and Incident Response</u>
 <u>Blog</u>
- SANS Internet Storm Center (ISC)

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Youtube Channels

- SANS Institute
- <u>SANS Digital Forensics and Incident</u>
 <u>Response</u>
- SANS Pen Test Training
- Black Hat
- DEFCONConference
- Hackers Security
- IronGeek





Thank you!

Scott Orr, <u>smorr@iu.edu</u> Mark Krenz, <u>mkrenz@iu.edu</u>



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